



MEETING LIST

DECEMBER 2022

SMALL WONDER AREA OF NA (SWANA)

FOUNDED JULY 19, 1986

WWW.SMALLWONDERAREA.ORG

SMALLWONDERAREA@GMAIL.COM

Joint Administrative Committee (JAC)

meets 3rd Wednesday of every month at 6:00pm
in person

at Christ the Cornerstone Church in Elsmere.

Area Service Committee (ASC)

meets on the 3rd Wednesday of every month at
7:00pm in person

at Christ the Cornerstone Church in Elsmere.

Christ the Cornerstone- Elsmere is located at 6 N.
Clifton Avenue, Wilmington, Delaware 19805.

FREE STATE REGION OF NA (FSRNA)

WWW.FSRNA.ORG

24 HOUR HELPLINE

1-800-317-3222

NA WORLD SERVICES (NAWS)

WWW.NA.ORG

1-818-773-9999

6 BASIC WAYS TO STAY CLEAN

- 1. DON'T PICK UP THAT FIRST DRUG.**
- 2. STAY AWAY FROM PEOPLE, PLACES, AND THINGS FROM YOUR ACTIVE ADDICTION.**
- 3. GO TO 90 MEETINGS IN 90 DAYS.**
- 4. PRAY FOR HELP IN THE MORNING AND THANK GOD AT NIGHT.**
- 5. GET A SPONSOR AND FOLLOW HIS OR HER DIRECTIONS.**
- 6. HELP ANOTHER ADDICT.**