	SUNDAY / DOMINGO		TUESDAY / MARTES (CONT)
М	Good Morning Group , Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite		How It Works Group, Saint Alban's Episcopal Church, 302 St Albans Dr, Salisbury, MD, 21804 (SPK,WC &,PPE)
	E, Salisbury, MD, 21801 https://us02web.zoom.us/j/608288567 Meeting ID: 608288567 (O,BT,WC &)		Grow to Go Group, Recovery Resource Center, 726 South Salisbury Blvd., Salisbury, MD, 21801 (O,RR,WC &)
	Hope Without Dope Group, Recovery Resource Center, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21801 (O,JFT,SPK,WC &)	1 hour	Reality Group, Ocean City, MD, 21842 https://us02web.zoom.us/j/98952597750 Zoom ID: 98952597750 Password: climb (VM)
	Spiritual Solutions , Atlantic Club, 11827 Ocean Gateway Hwy, Ocean City, MD, 21842		The Recovery Group , 11827 Ocean Gateway, Ocean City, MD, 21842 (O,JFT,PPE)
	(O,STEP) MONDAY / LUNES Surrender, Salisbury, MD, 21801 https://us02web.zoom.us/s/7877363370 Zoom ID: 7877363370 (VM)	8:30PM 1 hour	A Fire Inside Group, RRC, Business Rte 13 South, west on Hazel Ave to back of first building on right (next to the Salisbury Substance Abuse Center), 726 South Salisbury Blvd., Salisbury, MD, 21801 (C,WC &) WEDNESDAY / MIÉRCOLES
	What We Can Do at Noon Group, Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21801 (O,WC &)	1 hour	Surrender , Salisbury, MD, 21801 https://us02web.zoom.us/s/7877363370 Zoom ID: 787 736 3370 (VM)
	We Do Recover, RRC, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21804 https://us04web.zoom.us/j/608288567 Zoom ID: 608288567 (O,WC &,VM)	1 hour	What We Can Do at Noon Group, Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21801 (O,WC &)
1 hour	Never Alone Group, Oak Ridge Baptist Church, 361 Tilghman Rd., Salisbury, MD, 21804 (O,WC &)		Mens Rap Group, Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21801
1 hour	Vision of Hope, MCVET, 301 N. High Street, Baltimore, MD, 21202 (O)	1 hour 7:00PM	New Way to Live, Atlantic Club, from Ocean City take Rt. 50 west, club is 2.5 miles on the right, 11827 Ocean Gateway, Ocean City, MD, 21842 (WC &)
8:00PM 1 hour	New Way to Live, Atlantic Club, from Ocean City take Rt. 50 west, club is 2.5 miles on the right, 11827 Ocean		
	Gateway, Ocean City, MD, 21842 (WC &) TUESDAY / MARTES		Hope & Serenity, St. Mary's Episcopal Church, Behind Library, 18 3rd Street, Pocomoke City, MD, 21851 (O,WC &)
	Surrender, Salisbury, MD, 21801 https://us02web.zoom.us/s/7877363370 Zoom ID: 787 736 3370	1 hour	No Name Group , Jenkins Bridge, 26405 Horsey Rd., Oak Hall, VA, 23416 (O,F2F)
	(VM) What We Can Do at Noon Group, Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back		Vision of Hope , MCVET, 301 N. High Street, Baltimore, MD, 21202 (0)
	of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21801 (O,WC &)		We Not Me Group, Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21801

(O,BT,WC &)

THURSDAY / JUEVES 9:00AM Surrender, Salisbury, MD, 21801 1 hour https://us02web.zoom.us/s/7877363370 Zoom ID: 787 736 3370 (WW) NOON What We Can Do at Noon Group, Recovery Resource 1 hour Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21801 (O,WC &) 6:30PM Talking Heads Group, St. Alban's Episcopal Church, 1 hour 302 St. Albans Dr., Salisbury, MD, 21804 https://www.us02.web.zoom.us/s/331714233 (O,WC &,HY) 7:00PM Let's Do It, Garrison's United Methodist, 17308 Main **1 hour** St., Painter, VA, 23420 **(0)** 7:00PM Living Clean, Recovery Resource Center, Business 1 hour Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21801 (O,WC &) 8:30PM Love Life Group, Atlantic Club, 1187 Ocean Gateway, 1 hour Ocean City, MD, 21842 (WC &) FRIDAY / VIERNES 9:00AM Surrender, Salisbury, MD, 21801 1 hour https://us02web.zoom.us/j/7877363370 Zoom ID: 7877363370 no password (VM) NOON What We Can Do at Noon Group, Recovery Resource 1 hour Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21801 (C,WC &) 7:00PM Phoenix Group, Saint Alban's, 302 Saint Alban's Drive, 1 hour Salisbury, MD, 21804 (O,WC &) 7:00PM Surfin' With Serenity, First Presbyterian Church of 1 hour Ocean City, Weather Permitting... Beginning first Friday in June, running thorughout the season, meeting will be held beachside 103rd St. behind the Clarion, 1301 Philadelphia Ave., Ocean City, MD, 21842 https://us02web.zoom.us/j/6127547343 Meeting ID: 6127547343 (WC &) 7:00PM Vision of Hope, MCVET, 301 N. High Street, Baltimore, **1 hour** MD. 21202 **(0)**

	SATURDAY / SÁBADO
NOON 1 hour	Been There Done That, Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21801 (O,WC &)
	Serenity Group, Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21801 (O,WC &)
	Old School Meets New School, Wicomico Presbyterian Church, Parking Lot is off of Chestnut St., 129 Broad St., Salisbury, MD, 21801 (O,WC &)
	New Way to Live, Atlantic Club, from Ocean City take Rt. 50 west, club is 2.5 miles on the right, 11827 Ocean Gateway, Ocean City, MD, 21842 (JFT,WC &)

MEETING FORMAT LEGEND					
BT	Basic Text	С	Closed		
F2F	Face 2 Face	HY	Hybrid Physical/Virtual		
JFT	Just for Today Study	0	Open		
PPE	Masks Required	RR	Round Robin		
SPK	Speaker	STEP	Step		
VM	Virtual Web Meeting	WC &	Wheelchair		

PHONE NUMBERS				
-				

What is our message?

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live.

Our message is hope and the promise of freedom.

Basic Text, page 65



OCEAN GATEWAY AREA

Serving the southern Delmarva Peninsula, Wicomico, Worcester, Somerset and Accommack Counties

MEETING LIST

SEPTEMBER 2023

24 HOUR HELPLINE 1-800-317-3222

https://ogana.org Area Address: PO Box 2740 Salisbury, MD 21801-2740

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE
KEEP COMING BACK. IT WORKS

Meetings Weekly: 39